

Leewood Times

To submit an article:

- Send us an email
- Be positive and informative
- Deadline September 15th

Highlights:

- National Night Out - p1
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National Night Out 2016

Whether you're new to the neighborhood or you've been here awhile, we invite you to join us for Leewood's annual National Night Out (NNO)! This is a great opportunity to meet your neighbors, our local law enforcement members, and local first responders (fire department). We'll have activities for the kids too! We'll hold our annual NNO in the common area at the end of Bradgen Street on August 2nd from 6-9 pm.

We are looking for volunteers to help set up and assist with coordination of this event. Please contact a member of the Board if you are interested.



WE WANT TO HEAR FROM YOU!

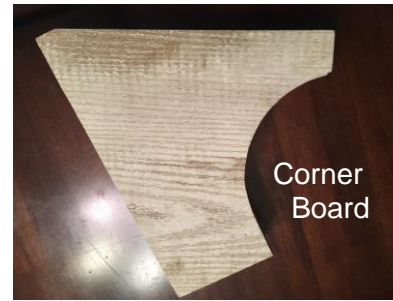
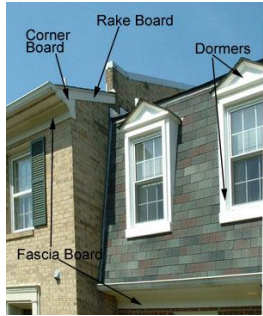
As a member of our community, you have a voice- and we want to hear from you! We encourage everyone in our community to share comments, questions, and concerns with the board (email preferred), and we also want to know what you would like included in our

quarterly newsletter. Over the years, we have showcased community events, recognized those who have made contributions to our community, discussed hot topics, provided recommended contractors/vendors for home improvement and repair projects, highlighted new local venues, and even featured some of our community homes! Your suggestions are encouraged and welcomed! Please send your suggestions to board@leewood.us.



REPAIRING OR REPLACING CORNER RAKE BOARDS?

Look up- how are your corner rake boards looking these days? (If you're wondering what a rake board is, see picture below.) For anyone needing to repair or replace your corner rake boards, we have composite material (like wood, but weatherproof) that may be used for the replacement of your corner rake boards (see photo below). This board is available on a first come, first-served basis. Contact Al Sanford at 703-750-2831 if interested. Donations accepted.



NEW G & M CONTRACT UPDATE

The Board will soon be reviewing proposals from several landscaping companies for our 2017-2019 grounds and maintenance contract. We supplied each company with a comprehensive request for proposal, and we have been communicating with the companies over the last couple of weeks. Several of the prospective contractors have made walk-throughs of the community to see first-hand what the scope of work would entail. If you have any concerns that you wish us to consider as we move into the proposal review process, please email the board (board@leewood.us). We will provide you with more information in our next newsletter.

TREE TRIMMING

While walking through the community, we have noticed a number of trees in front yards that have limbs hanging over our sidewalks. These low-hanging limbs impede others walking by and could possibly harm someone. Please trim/prune these hazardous limbs to make walking along our sidewalks safer. Thank you for your cooperation.

DRIVE SAFELY

Now picture this...While out walking early near the Bradwood Street and Braddock Road exit, we witnessed a car with a patient driver waiting to make a left turn on to Braddock Road and another not-so-patient driver who pulled around the car to the left, blocking the entrance to Bradwood Street. Traffic was not permitting safe entrance into the intersection, and this impatience could have caused a head-on collision. We all have places to be and need to get to our destination within a certain time, but there is no excuse for this behavior. A little courtesy and patience go a long way to ensure the safety of ourselves and others as we navigate the roads. School is also out, the weather is warmer, and children will be out and about playing in our community. **PLEASE PACK YOUR PATIENCE BEFORE LEAVING HOME.**

ZIKA VIRUS: WHAT YOU NEED TO KNOW

Summer is upon us, so too are those pesky mosquitos! And with all the recent talk in the media about the Zika virus, some of you may be wondering: Should I be worried about this virus here in Springfield, Virginia? With all the information out there, *some not so reliable*, here is what the Center for Disease Control (CDC) and World Health Organization (WHO) have to say:

The Zika virus, first discovered in Uganda in 1947, is transmitted by the *Aedes* mosquito found in South America, Africa, Southeast Asia, and recently reported cases in Puerto Rico, US Virgin Islands, and American Samoa (note: other non-mosquito methods of transmission have been reported).

According to the CDC, as of June 2016, “No local mosquito-borne Zika virus disease cases have been reported in US states, but lab tests have confirmed Zika virus in travelers returning to the United States”.

The virus typically causes mild symptoms, including fever, rash, malaise, headache, and aches that last typically 2-7 days. These symptoms are mild, and, in fact, some people may not even know they have been infected!

Of great concern are those who are pregnant or trying to get pregnant (*caution: males may spread the disease to their partners*), as the virus can spread from mother to fetus. Zika has been linked to serious birth defects, specifically microencephaly (abnormally small head of the baby and the brain does not develop appropriately). The CDC and WHO outline recommendations (see websites) for those who are pregnant or plan to become pregnant and are traveling to countries of known Zika transmission.

Zika virus infection generally does not require treatment (due to the mild symptoms), and there is no vaccine. Laboratory blood tests can determine if one is infected with the virus. Protection from the mosquito bites is key to prevention (e.g. wearing appropriate clothing & use of insect repellent like DEET).

If you are travelling to Zika-infected countries, you can visit the CDC website under “Zika Travel Information” for the latest updates and recommendations.

For more information, please visit:

CDC- <http://www.cdc.gov/zika/about/index.html>

WHO- <http://www.who.int/mediacentre/factsheets/zika/en/>



FOCUS FEATURE

Leewood Homeowners Association

P.O. Box 1421
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Our Board

President –
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ARC Chair –
Dayna Roy

Grounds & Maintenance –
Vacant

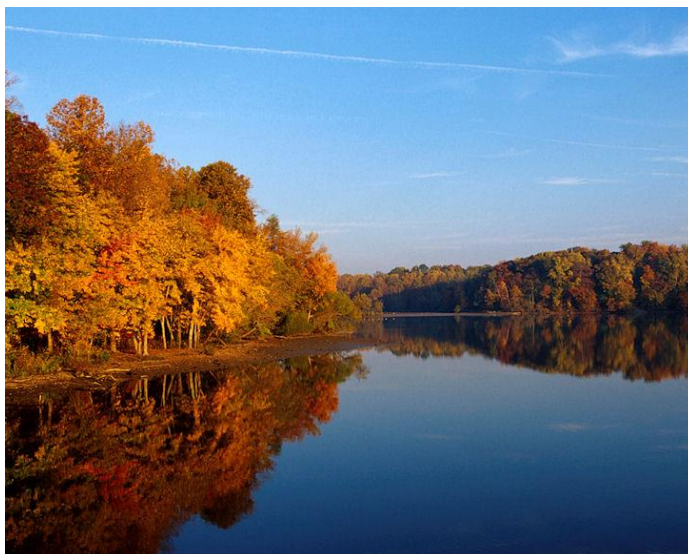
Entire board email:
board@leewood.us

Leewood's Official
Website!
www.leewood.us

We live in a great area, with varied activities, events, and venues ongoing throughout the year. While our nation's capital is just up the street (relatively speaking!), we'd like to highlight some of the local venues in our neck of the woods for those who may be new to the area. In subsequent issues of our newsletters, we're going to highlight some of the local activities which may be of interest to you and your family. If you have an activity or venue that you think we should highlight, please share it with us and perhaps your suggestion may make our next focus feature!

LAKE ACCOTINK

Its summertime, it's hot, the kids are out of school, the days are longer, and there's lots of fun things to do...but where to start? Just outside the hustle and bustle of the city, we have a gem surrounded by nature tucked away nearby. Lake Accotink is a local 453 acre-park in Springfield that includes a lake with a 4-mile trail loop, pavilions for picnics, and a 9-hole miniature golf course. The park also hosts events for kids and adults of all ages throughout the summer -including nature fun camps for the kids, artsy events for the young (and older) adults, and even a boat cruise for your pups. What's even better is that admission to the park is free! Use of boats (kayaks, paddleboats, row boats), miniature golf, ice cream, and the antique carousel are subject to additional fees. The park is open year round, but specific events and activities may be limited depending on the time of year. You can visit this park at 7500 Accotink Park Road in Springfield, VA 22150 and find more information at <http://www.fairfaxcounty.gov/parks/lake-accotink/>.



Photos courtesy of www.fairfaxcounty.gov/parks